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## **MYRINGOPLASTY/ MASTOIDECTOMY**

You have had a Myringoplasty/ Mastoidectomy done. This information sheet will help you understand what you might experience in the following few days as you recover from your surgery

1. Pain – this is minimal and mainly felt at the wound site. Take the prescribed pain relief medications regularly or as when required.
2. Bleeding – you may experience minimal bleeding from the ear canal in the first 2 to 3 days. The cotton wool will soak the blood. Change it when necessary. Do not remove the white ribbon gauze in the ear canal. There are two pieces of ribbon gauze, a long(inner) and short(outer) one. If the short one is accidentally removed, there will not be a problem. Leave the longer one in till the next clinic visit.

### **Things You Should Do**

1. Change the cotton wool when it gets soaked.
2. Keep the ear dry, especially when having a bath.

### **Things You Should Not Do**

1. Remove the ribbon gauze in the ear canal.

If there are any queries, please email at [gchee@gcheeent.com](mailto:gchee@gcheeent.com) or text me at 90033419.

Prepared By Dr Gerard Chee

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